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(54) **System for withdrawing body fluid**

System zur Entnahme von Körperflüssigkeiten

Système pour le prélèvement de fluides corporels

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**EP 1 157 660 B1**

## Description

[0001] The present invention concerns a system for withdrawing body fluid from a part of the body, especially the finger pad. Body fluids are primarily withdrawn for a subsequent analysis in order to diagnose diseases or to monitor the metabolic state of a patient. Such a withdrawal is carried out especially by diabetics in order to determine the blood sugar concentration. The aim of such a blood-sugar check that is usually carried out several times daily is to avoid hypoglycaemic states as well as hyperglycaemic states. In the case of a hypoglycaemia the patient can fall into a coma and even die since the brain is no longer adequately supplied with glucose. In contrast hyperglycaemic states can lead to long-term side-effects such as blindness, gangrenes and such like.

[0002] Consequently a frequent monitoring of the blood sugar level is an undisputed necessity. It is therefore obvious that there is an urgent need for sampling systems which are easy to operate by the user and are above all largely free of pain.

[0003] Already blood sampling systems have been known for some time in the prior art which allow the patient or hospital staff to carry out a withdrawal in a simple manner. A device suitable for this is for example the commercially available Softclix® whose manner of operation is described in US 5,318,584. This device provides an adjustment means for the depth to which a lancet is inserted into the tissue. Hence the patient can select the minimum puncture depth which enables a just sufficient quantity of blood to be obtained for a subsequent analysis and thus keep the incision pain very low. After the patient has produced a skin opening by piercing, he has to massage or press his finger in order to draw sufficient blood from the puncture wound especially with small puncture depths. This operation which is frequently referred to as "milking" by diabetics can hitherto only be avoided when the puncture is very deep and correspondingly unpleasant for the patient and can lead to major scarring on the sensitive finger tips. Devices known in the prior art attempt to stimulate the outflow of blood by applying a vacuum but this has proven to be not very efficient.

[0004] Devices are also known in the prior art in which a so-called stimulator with a ring depresses the skin surface surrounding an incision site. Such a device for obtaining interstitial liquid is described for example in US 5,582,184. The document shows that pressure is only applied from one side of the body and hence the body part is not enclosed by the device. Only small amounts of fluid can be obtained with the device that are not adequate for commercial analytical systems.

[0005] Another device is known from US 5,857,983 in which a cannula is inserted into the skin surface and the skin surface surrounding the site of incision is repeatedly depressed using a so-called stimulator in order to press body fluid into the cannula. Like the above-mentioned document a rigid ring is used in this device to depress the skin surface. The amounts of body fluid that can be

obtained with this device are also small and thus inadequate for conventional analytical systems.

[0006] A device is known from the document US 3,626,929 in which a finger is clamped before blood withdrawal between a lever and a finger support. The finger support is moved by a motor in order to result in a massaging proximal to the incision site. For the withdrawal the user's finger is pressed against a flexible cap in which needles and a fluid channel are located. A disadvantage of this device is that the needles for the withdrawal remain in the body and that in this state the finger support is moved. This results in movement of the needles in the finger which usually leads to considerable pain. In addition it is extremely unlikely that blood will emerge while there is a needle in the finger since the channel is closed by the needle. A collecting container is shown in figures 11 and 12 which has a flexible pressure-application region. However, due to the shape of the pressure-application region which widens conically towards the finger there is no conversion of a primary pressure-application movement into a lateral movement which squeezes the sampling region together.

[0007] Systems are also known in the prior art in which a finger from which blood is to be withdrawn is inserted into an inflatable cuff in such a manner that the finger tip protrudes from the cuff. Inflating the cuff ties off the finger which leads to blood congestion. Such devices are described in the Japanese documents JP 9313465 and JP 9266889. However, users find these devices disagreeable since inflation of the cuff is controlled by the device and hence deprives the user of control over his finger. These devices also have technical disadvantages since pumps etc. are required to produce blood congestion which complicate the apparatus and also have quite considerable energy requirements.

[0008] A device for tying off the finger tip is described in the US patent 5,893,870. It is intended that the user himself carries out the tying off and then removes blood from the finger tip with a lancing device. In this procedure the user consequently has to carry out numerous handling steps with the result that the process has hardly any advantage over the current conventional procedure in which firstly an incision is made and the finger is subsequently massaged by the user.

[0009] In document WO-A-9708986, a blood sampling device is described which comprises a base, a lid attached to the base, a resilient cup and a top for receiving skin or a finger. The top of the cup bunches or pinches the skin to increase its surface tension. The resilient cup has a bottom which is flexible and expands outwardly upon compression. Additionally the resilient cup has an inside wall being flexible and capable of upward and downward movement.

[0010] The object of the present invention was to provide a system for withdrawing body fluid which, using small puncture depths, yields an adequate amount of body fluid, in particular blood. An additional object of the invention was to provide a system which can be easily

operated and has a simple construction. Simplicity in this sense means in particular that the number of operating steps that are required is as small as possible.

[0011] The present invention is as defined in the appended set of claims and concerns a system for withdrawing body fluid from a part of the body in particular a finger pad comprising the following elements:

- a deformable compression unit against which the part of the body is pressed in a primary direction and partially converts the applied pressure into a movement in a secondary direction with a component perpendicular to the primary direction such that the internal pressure is increased in a region of the body part, and the compression unit at least partially encloses the body part,
- a perforation device, in particular a lancet or cannula, to produce a body opening in the area of the increased internal pressure.

[0012] Use of the compression unit according to the invention replaces the above-mentioned milking movement for squeezing out blood from the incision site in a simple and comfortable manner for the user. The compression unit not only yields larger quantities of body fluid than is the case with the compression devices of the prior art but the compression and withdrawal process is also considerably more pleasant for the patient. This is due to the fact that the compression unit fits snugly around the body part, in particular a finger. A further contributing factor is that the compression unit enables adequate quantities of body fluid to be obtained even with very small puncture depths.

[0013] The system according to the invention can be used particularly advantageously to obtain capillary blood from the finger pad. In addition it is also possible to withdraw blood or interstitial fluid from other body parts.

[0014] An essential element of the system is the compression unit which results in the body part being squeezed together not only in the direction of the primary applied pressure but also results in the applied pressure being at least partially diverted such that a squeezing occurs with components of force transverse to the primary direction and the compression unit (at least) partially encloses the body part. The mode of action of this advantageous compression is elucidated later on the basis of the embodiments. The compression unit produces an increase of the internal pressure in a region of the body part. This region of increased internal pressure adjoins the region on which the applied pressure acts. In the usual application case in which blood is removed from the finger, the finger is placed in the compression unit in such a manner that the finger tip from which the withdrawal is to take place, juts out from the compression unit. The perforation can now take place in the region of increased internal pressure (the finger tip) and body fluid can be removed. The perforation can be carried out by inserting a lancet or cannula. In the case of a lancet it is

preferably completely removed from the tissue after the incision to access the incision site from which the body fluid emerges. In the case of a cannula this can remain at the maximum puncture depth in order to convey body fluid from this depth or it can be withdrawn onto the skin surface in order to take up fluid from this position.

[0015] An increased internal pressure is generated using the compression unit according to the invention as is for example the case in the documents JP 9313465 and JP 9266889. However, a significant difference is that enclosure of a body part by the compression unit is achieved by converting a movement carried out by the user in a primary direction into a secondary movement. As a result it is not only possible to avoid motors and pumps and such like but the user also controls the procedure to a considerable extent which is found to be much more agreeable. In addition the action of the compression units according to the invention is also reversible in such a way that compression and enclosure of the body part stops immediately when the user removes the body part from the compression unit. Thus the user has full control of the procedure which in turn is found to be comfortable.

[0016] In preferred embodiments the compression unit has a so-called collapsing effect. This means that the user firstly perceives an increasing counter-pressure when he presses a body part (usually a finger) onto the compression unit which decreases again when a maximum counter-pressure is passed. The counter-pressure firstly increases when the body part is removed from the compression unit and then decreases again. This force time-course results in a relative minimum force when pressure is applied which enables the user to feel the prescribed pressing position. Furthermore due to the initially increasing pressure on removing the finger, the user is prompted to leave the body part in this position for the piercing; however, if he wishes he can also remove the body part without being significantly hindered in doing so.

[0017] In advantageous embodiments of the invention an analytical system is integrated into the system for withdrawing body fluid. Such analytical systems are well-known in the prior art. For example analytical systems named Accucheck Plus® and Accucheck Advantage® are commercially available. As a rule analytical systems which are designed for consumers use disposable test elements which, after contact with a sample liquid, yield a signal which depends on the analyte concentration. In the field of blood sugar measurement optical test elements are used in which the reaction of glucose with a test chemistry leads to a change in colour as well as electrochemical test elements in which an enzymatic conversion of glucose enables an amperometric or potentiometric analysis. Test elements having a capillary gap can be advantageously used, the capillary gap of which can be contacted with the puncture site and take up body fluid there.

[0018] The system according to the invention simplifies the integration of a perforation device with an ana-

lytical system or for the first time makes an integration possible. As already stated it is customary in the prior art to manually press out the body fluid after producing a skin opening which means that the patient has to remove the body part from the perforation device. In contrast a system according to the present invention enables the patient to press the body part against the deformable compression unit and to leave it there in this compressed state to produce a skin opening as well as for the withdrawal. Hence a stronger degree of automation is possible in which the patient only has to press against the compression unit and all subsequent steps up to the read-out of the analytical result can proceed automatically.

**[0019]** A system according to the invention is provided with a perforation device which is positioned close to the region of the body with increased internal pressure or can approach this region. Such perforation devices usually have a pressure-application region which allows the perforation device to be positioned and thus also a control of puncture depth. This pressure-application region is preferably pressed against the region of the body part having increased internal pressure using a weak spring. In this process a pressure of more than 5 N is to be avoided since body fluid, dammed up in the body part would be pressed out again. Suitable application pressures are in the range of ca. 2 N.

**[0020]** Hence an integration of the perforation device and analytical system not only advantageously relates to a spatial integration but also a process integration which avoids operating steps by the user. Correspondingly such a system also advantageously has a control unit which coordinatively controls activation of the perforation device, withdrawal of body fluid and transport of body fluid to the analytical system and the analysis.

**[0021]** Figure 1 shows a compression unit into which a finger can be inserted such that the finger tip protrudes from the compression unit and the internal pressure is increased in the finger tip. The compression unit has a bed (80) made of a substantially flexible material and joints (81) made of a substantially rigid material between which the bed (80) is attached. The ends of the bed (80) are attached to the joints (81) in such a manner that it is arranged in a U-shape in the resting position. The ends of the joints which face away are pivoted on axes (83) that are fixed in space. When the finger is pressed against the compression unit in the primary movement direction (82), the bed (80) is pressed down and the joints (81) follow the downward movement of their ends that are linked to the bed which leads to a rotation around the axes (83). Rotation around these axes and the essentially constant length of the levers (81) results in a partial conversion of the primary movement (82) into a transverse secondary movement (84, 84') such that the finger is enclosed by the arms of the U-shaped region and is squeezed together.

**[0022]** Figure 2 shows a similar embodiment to that of figure 1 in which, however, the finger bed (80) is constructed of essentially inflexible half shells (80a, 80b)

which are connected together via a flexible region (85). When the finger is pressed into the bed (80a, 80b) there is again a rotation around the axes (83) such that the half shells move towards one another and the finger is pressed in between them. Also in this embodiment the movement of the half shells towards one another is achieved by a rotation of levers around an axis which is fixed in space.

**[0023]** An embodiment with a different construction is shown in figure 3. In this embodiment the compression unit comprises a deformable material (90) which however, has an essentially constant volume during deformation and is located in a frame (91) with an essentially constant structure. When the finger is pressed into the deformable material (90), the material moves away from it but, as a result of its constant volume, partially converts the primary movement into a secondary movement which results in the finger being at least partially surrounded and squeezed by the material.

**[0024]** Figure 4 shows an embodiment which can be advantageously manufactured from a plastic for example in an injection moulding process. This arrangement like that of figure 1 has a bed (80) into which the finger is placed. The one piece injection moulded side pieces (81, 81') adopt the function of the levers. When a finger is pressed into the bed (80), the levers (81, 81') rotate around axes (83, 83') that are fixed in space and as a result of their constant length the upper region of the bed (80) is pressed together to enclose and squeeze the finger.

**[0025]** Figure 5 also shows an arrangement which can be manufactured in a simple manner from a flexible plastic such as a relatively solid rubber foam. When a finger is inserted into the bed (80) the bed is pressed down and the two side parts (81, 81') move towards one another such that the finger is enclosed. A leaf spring (86) can be advantageously integrated in such an embodiment which causes the above-mentioned collapsing effect. The leaf spring is tensioned by pressure being applied in the primary direction since counter-pressure is applied to its ends by the surrounding plastic. After passing through a planar shape the leaf spring folds into a tub shape in which the finger lies and is pressed together by the side parts (81, 81').

**[0026]** Figure 6 shows the use of a compression unit of figure 1 in perspective representations A and B. The finger (100) is inserted into the bed (80) of the compression unit in such a manner that the compression unit closes by the applied pressure and results in blood congestion in the finger tip. As shown by the figures the user can determine to a large extent which part of the finger tip he presses against the perforation device (110). Even after the finger has been pressed i.e. in the position shown in figure 6B, the user can still vary the incision site to a large degree. The user receives a positive feedback on the incision site before carrying out the incision by the contact the finger feels with the pressure-application plate (111) of the perforation device. The blood withdraw-

al device Softclix® from the Roche Diagnostics Company can be used as the perforation device. It is of advantage when the perforation device used for this invention has an adjustable puncture depth. Figure 6 additionally shows an analytical system (120) in which a test element (121) containing a capillary gap is located in the holder (122). After a perforation has been carried out in the position shown in figure 6B, the perforation device is moved away and the test element with the holder is moved to the perforation site such that it can take up body fluid. In the present case an electrochemical test element for glucose was used, the analysis of which by electrical measurements is well known and therefore does not have to be described in more detail here.

### Claims

1. System for withdrawing a body fluid from a region of a part of the body with an increased internal pressure, comprising:

- a compression unit against which the part of the body is pressed in a region on which the applied pressure acts in a primary direction (82) and partially converts the applied pressure into a movement in a secondary direction (84, 84') with a component perpendicular to the primary direction such that the internal pressure is increased in a region of the body part adjoining the region on which the applied pressure acts and jutting out from the compression unit,
- a perforation device, in particular a lancet or cannula, being arranged to produce a body opening in the region of the increased internal pressure, wherein the compression unit at least partially encloses the body part on which the applied pressure acts, in particular the finger, when the body part is pressed against it.

2. System as claimed in claim 1, in which the compression unit has a U-shaped region (80) the side parts of which move towards one another when a body part is pressed against it.
3. System as claimed in claim 2, in which the U-shaped region (80) is flexible and the ends of which are connected to levers (81, 81') of essentially constant length.
4. System as claimed in claim 2, in which the U-shaped region is formed by two essentially inflexible half shells (80a, 80b) which are connected together via a flexible region (85).
5. System as claimed in claim 1, in which the compression unit has a material (90) that is deformable but has an essentially constant volume and is arranged

in a frame (91).

6. System as claimed in claim 2, in which the compression unit is manufactured from a plastic or a rubber foam.
7. System as claimed in claim 1, in which the perforation device is displaceably disposed relative to the compression unit.
8. System as claimed in claim 7, in which the perforation device is spring loaded.
9. System as claimed in claims 1, 7 or 8, in which the puncture depth of the perforation device is adjustable.
10. System as claimed in claim 1, in which an analytical system for the determination of the concentration of an analyte especially glucose is integrated.
11. System as claimed in claim 1, in which a control unit is integrated which coordinatively controls the activation of the perforation device and analytical system.
12. System as claimed in claim 10, in which the analytical system contains at least one test element.
13. System as claimed in claim 1, in which a control unit is integrated which coordinatively controls the activation of the analytical system.

### Patentansprüche

1. System zur Entnahme einer Körperflüssigkeit aus einer Region eines Teils des Körpers mit erhöhtem Innendruck, umfassend:

- eine Kompressionsvorrichtung, gegen die der Teil des Körpers in einer Region gedrückt wird, auf die der aufgebrachte Druck in einer ersten Richtung (82) wirkt und die den aufgebrachten Druck teilweise in eine Bewegung in einer zweiten Richtung (84, 84') mit einer zur ersten Richtung lotrechten Komponente umwandelt, so dass der Innendruck in einer Region des Körperteils, die an die Region angrenzt, auf die der aufgebrachte Druck wirkt und aus der Kompressionsvorrichtung hervorstet, erhöht wird, und
- eine Perforationsvorrichtung, insbesondere eine Lanzette oder eine Kanüle, die so angeordnet ist, dass eine Körperöffnung in der Region des erhöhten Innendrucks erzeugt wird, worin die Kompressionsvorrichtung den Körperteil, auf den der aufgebrachte Druck wirkt, insbesondere den Finger, zumindest teilweise umschließt,

wenn der Körperteil dagegen gedrückt wird.

2. System nach Anspruch 1, in dem die Kompressionsvorrichtung eine U-förmige Region (80) aufweist, deren Seitenteile sich zueinander hin bewegen, wenn ein Körperteil dagegen gedrückt wird. 5
3. System nach Anspruch 2, in dem die U-förmige Region (80) flexibel ist und deren Enden mit Hebeln (81, 81') im wesentlichen konstanter Länge verbunden sind. 10
4. System nach Anspruch 2, in dem die U-förmige Region von zwei im Wesentlichen unflexiblen Halbschalen (80a, 80b) geformt wird, die über eine flexible Region (85) miteinander verbunden sind. 15
5. System nach Anspruch 1, bei dem die Kompressionsvorrichtung ein Material (90) aufweist, das verformbar ist, aber ein im Wesentlichen konstantes Volumen aufweist und in einem Rahmen (91) angeordnet ist. 20
6. System nach Anspruch 2, bei dem die Kompressionsvorrichtung aus einem Kunststoff oder Kautschukschaum hergestellt ist. 25
7. System nach Anspruch 1, bei dem die Perforationsvorrichtung verschiebbar relativ zur Kompressionsvorrichtung angeordnet ist. 30
8. System nach Anspruch 7, bei dem die Perforationsvorrichtung federbelastet ist.
9. System nach Anspruch 1, 7 oder 8, bei dem die Punktionstiefe der Perforationsvorrichtung verstellbar ist. 35
10. System nach Anspruch 1, in dem ein Analysesystem zur Bestimmung der Konzentration eines Analyten, insbesondere Glukose, integriert ist. 40
11. System nach Anspruch 1, in dem eine Kontrollvorrichtung integriert ist, die die Aktivierung der Perforationsvorrichtung und des Analysesystems koordinativ steuert. 45
12. System nach Anspruch 10, bei dem das Analysesystem zumindest ein Testelement aufweist.
13. System nach Anspruch 1, in dem eine Kontrollvorrichtung integriert ist, die die Aktivierung des Analysesystems koordinativ steuert. 50

#### Revendications

1. Système pour extraire un liquide organique d'une

région d'une partie du corps avec une pression interne supérieure, comprenant :

- une unité de compression contre laquelle est pressée la partie du corps dans une région sur laquelle agit la pression exercée dans une direction primaire (82) et qui transforme en partie la pression exercée en un mouvement dans une direction secondaire (84, 84') avec une composante perpendiculaire à la direction primaire de telle sorte que l'on obtient une pression interne supérieure dans une région de la partie du corps adjacente à la région sur laquelle agit la pression exercée et faisant saillie par rapport à l'unité de compression ;
- un dispositif de perforation, en particulier une lancette ou une canule, arrangé pour obtenir une ouverture corporelle dans la région dans laquelle règne la pression interne supérieure, l'unité de compression renfermant au moins en partie la partie du corps sur laquelle agit la pression exercée, en particulier le doigt, lorsque la partie du corps est pressée contre elle.

2. Système selon la revendication 1, dans lequel l'unité de compression possède une région en U (80) dont les parties latérales se déplacent l'une vers l'autre lorsqu'une partie du corps est pressée contre elle.
3. Système selon la revendication 2, dans lequel la région en U (80) est flexible et ses extrémités sont reliées à des leviers (81, 81') de longueur essentiellement constante. 30
4. Système selon la revendication 2, dans lequel la région en U est formée par deux demi-coquilles essentiellement non flexibles (80a, 80b), qui sont reliées l'une à l'autre via une région flexible (85). 35
5. Système selon la revendication 1, dans lequel l'unité de compression possède une matière (90) qui est déformable, mais qui possède un volume essentiellement constant et qui est arrangée dans un cadre (91). 40
6. Système selon la revendication 2, dans lequel l'unité de compression est fabriquée à partir d'une matière plastique ou de caoutchouc mousse.
7. Système selon la revendication 1, dans lequel le dispositif de perforation est disposé de manière à pouvoir se déplacer par rapport à l'unité de compression. 50
8. Système selon la revendication 7, dans lequel le dispositif de perforation est chargé par un ressort. 55
9. Système selon la revendication 1, 7 ou 8, dans lequel la profondeur de ponction du dispositif de perforation

est réglable.

10. Système selon la revendication 1, dans lequel on intègre un système analytique pour la détermination de la concentration d'un analyte, en particulier du glucose. 5
11. Système selon la revendication 1, dans lequel on intègre une unité de contrôle qui assure un contrôle en coordination de l'activation du dispositif de perforation et du système analytique. 10
12. Système selon la revendication 10, dans lequel le système analytique contient au moins un élément de test. 15
13. Système selon la revendication 1, dans lequel on intègre une unité de contrôle qui assure un contrôle en coordination de l'activation du dispositif du système analytique. 20

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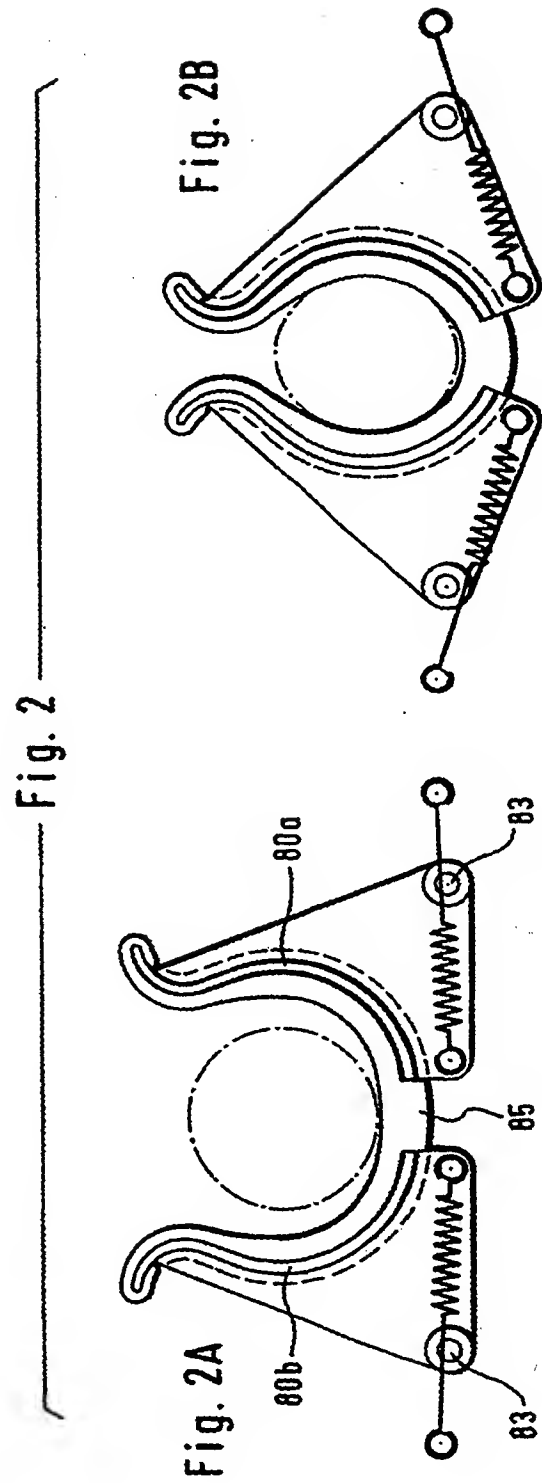
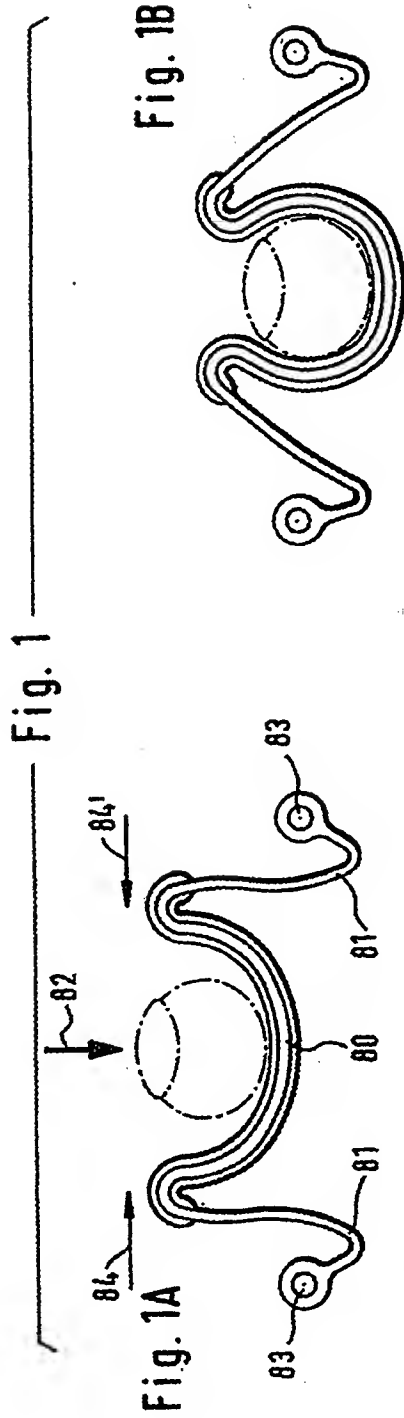
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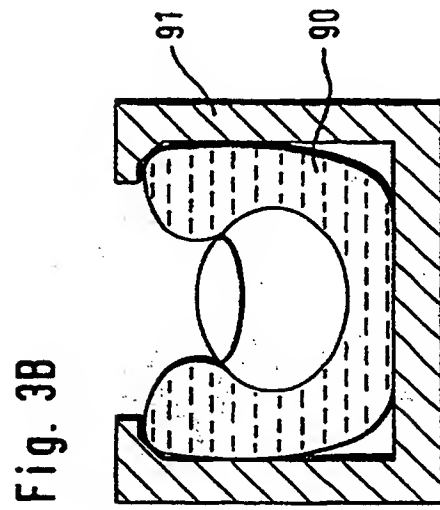
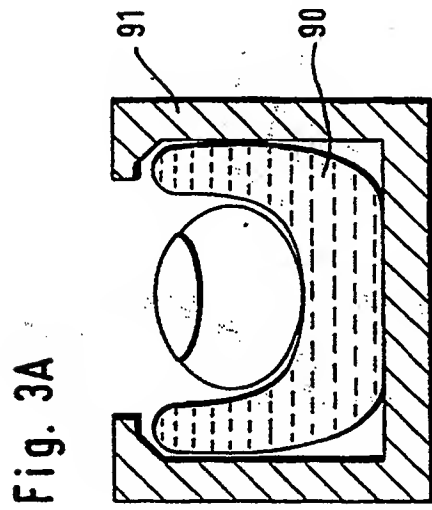
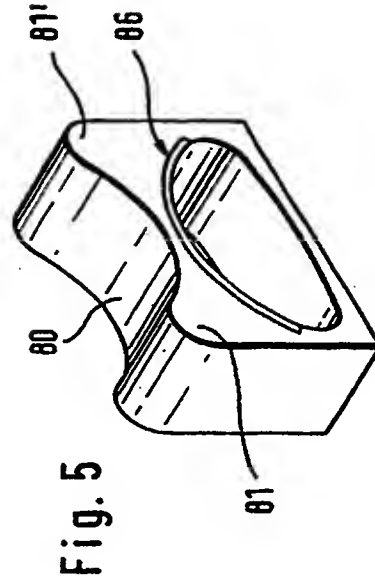
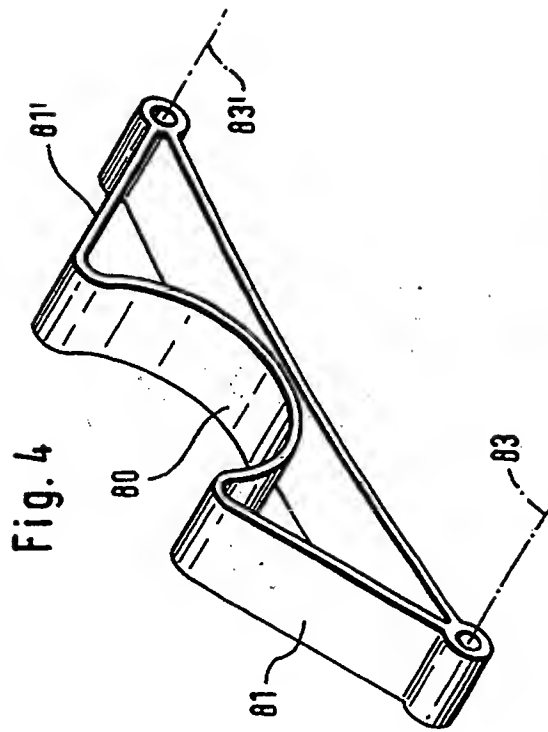
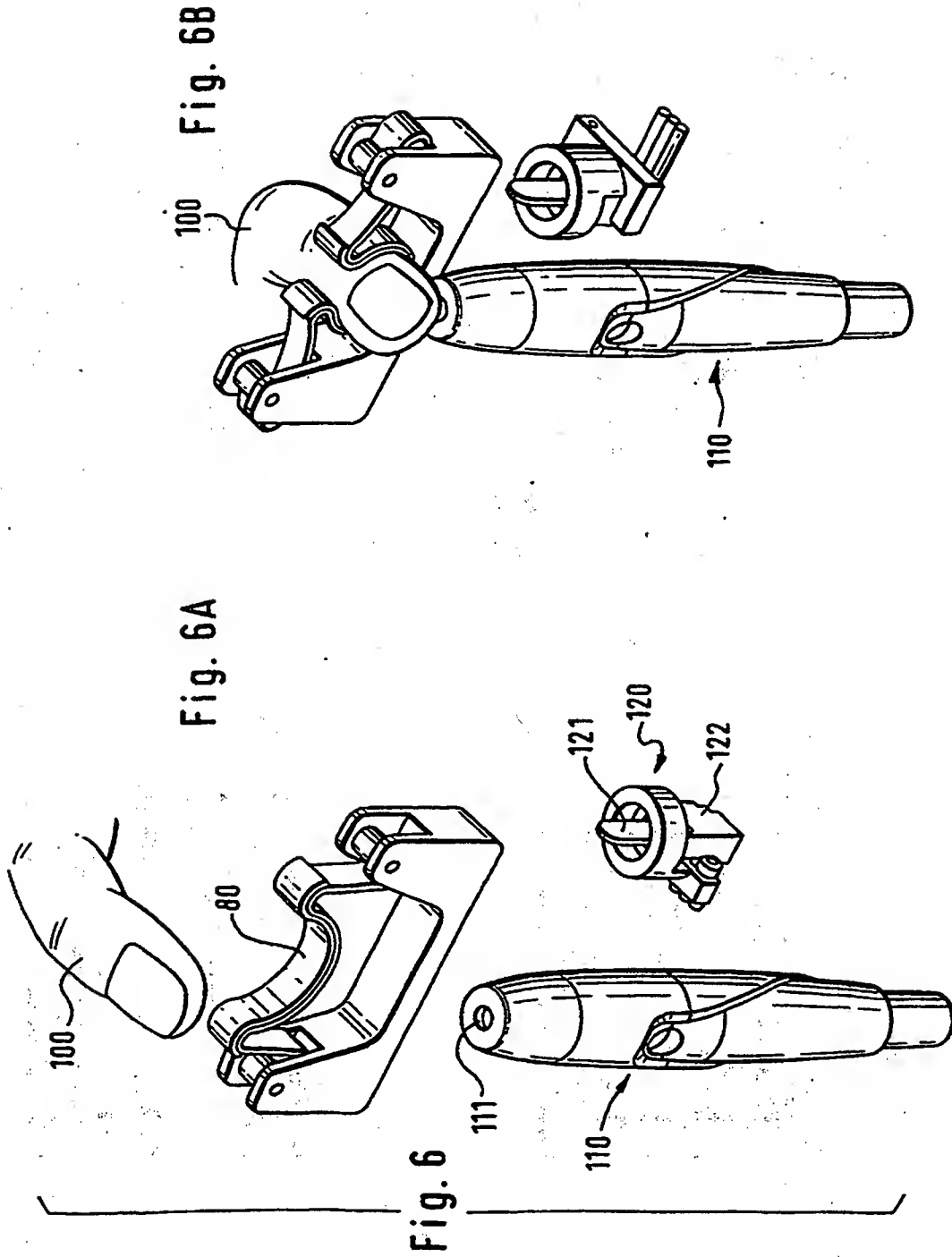


Fig. 3



**REFERENCES CITED IN THE DESCRIPTION**

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